

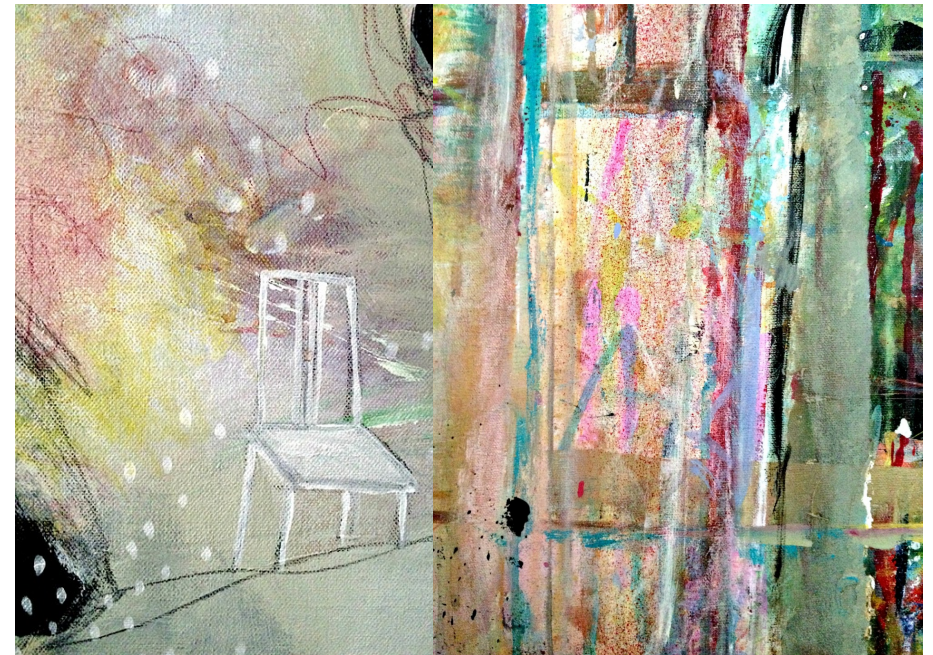


## BEING AT HOME

We live our lives in the companionship of our homes and our things. Today we are surrounded by suggestions (via magazines, TV programs and social media) to improve the look of our places.

However the places we live in are more than just about style. Homes can be relaxing, supportive places; however alternatively they may feel like they are not. How do we navigate the possibilities?

Art media and art therapy techniques will allow creative investigation into the home's potential for you.



Sunday 11 November 1.30pm-6pm. Victoria Park Centre for the Arts, 12 Kent Street.

**Facilitator:** Dianne Smith, Transpersonal Art Therapist and Designer. [diannejsmith9@gmail.com](mailto:diannejsmith9@gmail.com)

**Cost:** \$130.00 includes materials

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